

## Teaching me how (to stop loving you)

**Music & lyrics:** Kim Walker

Time without talking, time without care;  
Time feeling empty 'cause I know you're not there.  
So I try, try, try, try to silence my mind;  
Forget happy memories that still keep my heart blind.

Lock me out of your problems and out of your life;  
Can't get into that world to help you deal with your strife.  
So I try, try, try, try to seem not to care;  
But a love without sharing just becomes an affair.

You're teaching me how. Yeah you're teaching me how to stop loving you.  
'Cause I just don't know how. No I just don't know how to stop loving you.  
When you do the things that you do, and you say the things that you say.  
Yeah you teach me how to stop loving you....everyday.

One day I'm in heaven, the next I'm in hell.  
Each day I'm trapped in your emotional spell.  
So I try, try, try, try to make you believe;  
For love to unfold, you gotta give and receive.

You're teaching me how. Yeah you're teaching me how to stop loving you.  
'Cause I just don't know how. No I just don't know how to stop loving you.  
When you do the things that you do, and you say the things that you say.  
Yeah you teach me how to stop loving you, everyday.

Open your heart again. Let me come back in again.  
Give me your love again. Please don't push me away.

You're teaching me how. (If you don't love me, don't say it no more).  
Yeah you're teaching me how to stop loving you. (I just don't want to be hurt anymore).  
'Cause I just don't know how; (If you don't love me, don't say it no more).  
No I just don't know how to stop loving you. (I just don't want to be hurt anymore).  
When you do the things that you do, and you say the things that you say.  
Yeah you teach me how to stop loving you, every day.

Yeah you teach me how to stop loving you, every day.